

線上步行籌款詳情：

- 自訂步行路線，時間、地點及路程不限。
- 參加者於步行路線的「打卡熱點」，如山頂廣場、百周年紀念公園和大埔海濱公園回歸塔…自拍，並將參加者姓名和自拍相片 whatsapp 至 6423 3724 予傳訊及資源發展部。
- 參加者可自行捐款或向同事及親友募捐，填妥後頁參加表格，連同善款交回扶康會傳訊及資源發展部。
- 活動結束後2-3星期內，將電郵電子證書予各參加者。

Details of Virtual Walkathon:

- Decide on your own walking route time, no restrictions on time, venue and distance
- Walkers take selfies at the “check-in hotspot”, such as The Peak Galleria, The Urban Council Centenary Garden, Tai Po Waterfront Park Spiral Lookout Tower...etc., and whatsapp the selfies and name of the walker to 6423 3724 (CRD).
- Walkers are encouraged to donate or collect donations from colleagues, relatives and friends. Return the completed registration form and donations to Communication of Resources Development Department.
- E-certificates will be issued to walkers by email within 2-3 weeks after Virtual Walkathon

建議路線：

1. 觀塘海濱長廊
2. 山頂盧吉道步行徑
3. 科學園
白石角海濱長廊
4. 大埔海濱長廊
5. 尖沙咀海濱長廊

自訂路線

Route Suggestion for Virtual Walkathon:

1. Kwun Tong Promenade
2. The Peak Circle Walk (Lugard Road)
3. Hong Kong Science Park
Pak Shek Kok Promenade
4. Tai Po Waterfront Park
5. Tsim Sha Tsui Promenade

Design your own route

線上步行籌款參加者須知：

- 步行者應確保其健康狀況良好，體力適宜參與是次活動；如有任何疑問，應先向醫生查詢。
- 步行者宜自備飲品及食物，如感不適，請立即求醫。
- 凡十八歲以下的步行者必須獲得家長/ 監護人的同意方可參與是次步行籌款。
- 十二歲以下小童必須由成人陪同才可參加。
- 主辦機構保留權利更改條款及一切有關是次活動細則。

Notes To participants of Virtual Walkathon:

- Walkers must ensure his/her health and physical condition are good and suitable for walk, and should consult a medical doctor beforehand if in any doubt.
- Please bring sufficient food and drink for the walk. Seek medical advice if feeling unwell.
- Any walker who is under the age of 18 must obtain prior consent from his/her parents/ guardian to participate in the Walk. Children under 12 must be accompanied by adult in the walk.
- The organizer reserves the right to change the Terms and details related to the event.

「扶康會」是本港註冊的非牟利機構，自1977年開始提供康復服務，現時有超過70多個服務單位及計劃，每年為接近4,000名殘疾人士提供服務，其中包括智障人士、自閉症譜系障礙人士、精神復元人士及肢體殘障人士。多年來，本會貫徹「以求為導、以愛同行」的服務精神，積極回應殘疾人士不斷轉變的需要，協助他們發揮潛能，積極融入社會。隨著社會轉變，扶康會積極發展多項非資助項目，以回應殘疾人士不斷轉變的需要，以及填補現時香港的服務縫隙，繼續為有需要的殘疾人士提供服務。

Fu Hong Society is a registered non-profit-making organization, has started providing rehabilitation services since 1977. Currently, the Society has operated more than 70 service units and projects providing services for about 4,000 persons with disabilities annually. Among them there are persons with intellectual disabilities, persons with autism spectrum disorders, persons in recovery, persons with physical disabilities, etc..

Throughout the years, Fu Hong Society has all along upheld the spirits of “Take the Lead, Meet the Need with Love”, the Society has strived to make innovative efforts in filling the service gap and meeting the changing needs of persons with disabilities by setting up several self-financed projects.



電話 Tel: 2745 4214
傳真 Fax: 2361 2053
地址 address: 扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下
Fu Hong Society Jockey Club Shek Wai Kok Workshop
(Communications and Resources Development)
G/F., Car Park Block No. 2, Shek Wai Kok Estate,
Tsuen Wan, New Territories

網址 Website: www.fuhong.org
電郵 Email: comms@fuhong.org



45周年會慶主題：
匯聚社群
促進共融

45周年會慶 45th Anniversary

線上步行籌款「Walk·In」 Virtual Walkathon

日期：2022年1月9 - 24日(時間、地點不限)

Date 9-24 January 2022 (no restrictions on time, venue and distance)



活動查詢 Enquiries :

2745 4214

comms@fuhong.org

www.fuhong.org



扶康會賽馬會石圍角工場 (傳訊及資源發展部)
新界荃灣石圍角邨二號停車場地下
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G/F., Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territories

鑽石贊助



金贊助



鳴謝



捐款表格

我樂意支持殘疾人士自力更生
I would like to help the persons with disabilities
Lead Dignified and Independent Lives

HK\$200 HK\$500 HK\$1,000 其他金額 other amount : _____

捐款方法 Donation methods

現金 - 請把捐款直接存入本會滙豐銀行戶口 119-290005-838
Cash - Direct pay-in to our HSBC Bank Account 119-290005-838

劃線支票 - 抬頭請寫「扶康會」
Crossed Cheque - Payable to "Fu Hong Society"

信用卡 Visa 持卡人姓名
Credit card Master Cardholder's name: _____

信用卡號碼 有效期至(月/年)
Card no.: _____ Expiry date (Month/Year): _____

持卡人簽署 日期:
Cardholder's signature: _____ Date: _____

信用卡捐款可傳真至 Donation by credit card please fax information to 2361 2053

7-ELEVEN/繳費靈PPS (商戶編號Merchant code:9380)

* 捐款港幣100元或以上可憑收據申請扣除稅項
Donation of HK\$100 or above are tax deductible with a receipt

捐款人資料 Donor Information

姓名/機構 電話
Name / Company: _____ Telephone: _____

地址 日期
Address: _____ Date: _____

請將填妥之表格及銀行存款收據/劃線支票/捐款收據寄回

Please send the completed donation form together with the copy of bank-pay-in-slip/
cheque/donation receipt by post:

扶康會賽馬會石圍角工場 (傳訊及資源發展部)

新界荃灣石圍角邨二號停車場地下

Fu Hong Society Jockey Club Shek Wai Kok Workshop (CRD)

G/F, Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan, New Territories

收集個人資料聲明 Personal Information Collection Statement

扶康會(以下簡稱「本機構」)會按照《私隱政策聲明》的規定處理及儲存您的個人資料,絕不會向第三方出售及/或提供您的個人資料。本機構擬使用您的個人資料(包括:姓名、地址、電話、電郵及傳真等等)為日後向您提供有關本機構最新動向、服務推廣、招募義工及籌募活動資訊,以及用作收集意見等用途。如您不同意,請在以下空格內加上✓號。您有權隨時向本機構查詢、更改或要求停止使用您的個人資料作上述推廣用途,請於辦公時間致電 2745 4214 與傳訊及資源發展部傳訊主任聯絡。

Fu Hong Society (hereinafter referred to as "the Society") shall comply with the Privacy Policy Statement in handling and keeping your personal data. The Society will not sell and/or provide your personal data to any third party. The Society intends to use your personal data (including name, address, telephone no., email and fax no., etc) for future correspondences, promotional activities, volunteer recruitment and fund-raising appeals, and feedback collection purposes. If you do not agree to the use of your personal data for the above purposes, please indicate by putting ✓ in the box below. You have the right to access, correct and request the Society to stop using your personal data for the above purposes at any time, please contact our Communications and Resources Development Officer by phone 2745 4214 during office hours.

如您不同意上述有關本機構使用個人資料的安排,請於後方空格加「✓」,然後簽署。

If you disagree on the proposed use of your personal data as stated above, please put ✓ in the box and then sign.

本人不同意上述有關使用個人資料的安排 簽署
I object to the use of my personal data as stated above. Signature: _____

本人已閱讀、了解及接納本機構有關收集、使用及提供個人資料的通知。

本機構《收集個人資料聲明》及《私隱政策聲明》詳見本機構網頁

https://www.fuhong.org/important_notice.aspx

I have read, understood and accepted the statement regarding the collection, use and provision of personal data by the Society. Visit the Society's site https://www.fuhong.org/important_notice.aspx for full content of the Society's Personal Information Collection Statement and Privacy Policy Statement.



45周年會慶 45th Anniversary 線上步行籌款 'Walk·In' 報名表格 Virtual Walkathon Registration Form

參加者/機構/團隊名稱 Name of Walker/ Organisation/ Team _____

聯絡人姓名 Name of Contact Person _____

參加人數 No. of Participant(s) _____

地址 Address _____

電話 Tel _____ 傳真 Fax _____

電郵 Email _____

贊助人資料 Details of Sponsors

贊助人姓名 (請以正楷書寫) Name of Sponsors (In Block Letter)	贊助金額 Amount of Donation	需要收據請“✓” "✓" for a receipt
1.		
2.		
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20.		

如空位不夠,請影印本表格。 Please copy the form for more entries.

● 除特別註明外,贊助人的姓名將填寫在收據上。

Unless stated otherwise the name of the sponsor will be printed on the receipt.

● 正式收據將由參加者代為分發。

Donation receipts will be mailed to participants for distributing to sponsors.

電子證書及獎項 E-certificates & Awards

參加者可獲贈電子證書
All Participants would be acknowledged
with e-certificate

活動設有Awards:

- ◆ 個人最高籌款獎冠軍及亞軍
Champion and First Runner-up for "Top Fund Raiser"
- ◆ 隊伍最高籌款獎冠軍及亞軍
Champion and First Runner-up for "Top Fund Raising Team"

交付善款方法 Payment Procedure

- ◆ 請把捐款直接存入本會滙豐銀行戶口
Direct pay-in to our HSBC Bank Account 119-290005-838
- ◆ 劃線支票 - 抬頭請寫「扶康會」
Crossed Cheque - Payable to "Fu Hong Society"
- ◆ 7-ELEVEN/繳費靈PPS (商戶編號Merchant code:9380)

請將填妥之表格及銀行存款收據/劃線支票/捐款收據以傳真、郵寄或
電郵方式交回至扶康會傳訊及資源發展部

Please send the completed donation form together with the copy of
bank-pay-in-slip/cheque/donation receipt to FHS Communications and
Resources Development Department by Fax, post or email.

郵寄地址 Address:

新界荃灣石圍角邨二號停車場地下

扶康會賽馬會石圍角工場 (傳訊及資源發展部)

Fu Hong Society Jockey Club Shek Wai Kok Workshop (CRD)

G/F, Car Park Block No. 2, Shek Wai Kok Estate, Tsuen Wan,

New Territories

捐款收據將於三個月內郵寄予閣下

Official receipts will be sent to the participants within 3 months.

注意事項:

主辦機構若認為當日天氣對步行者的安全及健康造成危險,會保留權利取消活動
或延期舉行;將於活動當天公佈最新安排。

The organizer reserves the right to cancel or postpone the date of the Walk if in
the opinion of organizer and the weather is such that it may impose serious risk to
the safety and health of the Walker. Announcements on the latest arrangement will
be made on the date.

主辦單位沒有為參加者購買公眾責任保險,參加者的個人保險需要自行負責。

The Organizer does not purchase public liability insurance for the participants. The
participants shall be responsible for their own individual insurance.